# Information For the User Acenocoumarol (1mg) Tablet

# **Acenomore 1 Tablet**

**Brand Name:** Acenomore 1 Tablet

**Dosage Form:** Tablet

# **Composition:**

Each tablet contains: Acenocoumarol I.P. 1 mg

## **Therapeutic Segment:**

Cardiovascular / Anticoagulant Segment

# **Therapeutic Indication:**

Indicated for:

- Prevention and treatment of **thromboembolic disorders** such as deep vein thrombosis (DVT) and pulmonary embolism (PE).
- Prevention of stroke and systemic embolism in patients with atrial fibrillation or prosthetic heart valves.

It helps in **preventing abnormal blood clot formation** and maintaining smooth blood circulation.

#### **Mechanism of Action:**

- **Acenocoumarol** is a vitamin K antagonist that inhibits the synthesis of vitamin K—dependent clotting factors (II, VII, IX, and X) in the liver.
- This leads to a reduction in blood coagulation activity, thereby preventing thrombus formation.

# **Dosage & Administration:**

- The dosage should be individualized and adjusted based on INR (International Normalized Ratio) monitoring.
- Usual starting dose: 1 mg to 2 mg daily or as directed by the physician.
- Take orally at the same time each day.
- Do not discontinue abruptly without medical supervision.

#### **Contraindications:**

- Active bleeding or bleeding disorders.
- Severe liver or kidney impairment.
- Pregnancy (Category X) due to risk of fetal harm.
- Hypersensitivity to acenocoumarol or other coumarin derivatives.

## **Warnings & Precautions:**

- Regular INR monitoring is essential to maintain therapeutic levels.
- Avoid sudden changes in diet, especially foods rich in vitamin K (e.g., green leafy vegetables).
- Use with caution in elderly patients and those with a history of peptic ulcers or bleeding.
- Avoid concurrent use with other anticoagulants or NSAIDs unless prescribed.

#### **Side Effects:**

- Common: Bleeding, bruising, nosebleeds.
- Rare: Hematuria, gastrointestinal bleeding, rash, alopecia, or hepatic enzyme elevation.

# **Storage:**

Store below 25°C in a cool, dry place.

Protect from light and moisture.

Keep out of reach of children.

# **Packaging:**

Acenomore 1 Tablet is available in blister packs of 10 tablets.

#### **Schedule:**

Schedule H Drug – To be sold by retail on the prescription of a Registered Medical Practitioner only.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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